

# ADAM ARNOLD, MA, LMFT, LADC

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## LICENSES

- Licensed Marriage and Family Therapist •
- Licensed Alcohol and Drug Counselor •
- Board Approved Clinical Supervisor •

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## WORKSHOPS & TRAININGS

- *The Democratic Youth Engagement (DYE) Model*
- *Just trying to feel something else: Chemical misuse in adolescents*
- *Disordered: thy name is teenager*
- *Closing the gap: Anxiety in children and adolescents*
- *When the future seems closed: The effects of trauma in children and adolescents*
- *Analyzing the Bully*
- *Ethics for Marriage and Family Therapists*
- *What is Spiritual Abuse?*

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## PUBLICATIONS

- Fostering Families Today – "Numbing the Pain: Drug and alcohol misuse among adolescents in foster care" (2018)
- ICSA Today – "Weaponizing Therapy" (2022)
- Interfaithings magazine – "Better Than Therapy?" (2009)
- MAMFT News – "13 Reasons Why: A discussion among professionals" (2017)
- Joint Religious Legislative Coalition – *Bottom*, a play on child sex trafficking (2012)
- One T Productions – *Restorative Parenting*, educational film (2011)
- blank slate theatre – *Disordered: thy name is teenager*, educational film (2009)
- blank slate theatre – *Autistic License*, educational film (2010)
- blank slate theatre – *Analyzing the Bully*, educational film (2012)
- Leaky Buckets – blog: [www.LeakyBuckets.space](http://www.LeakyBuckets.space) (2020-present)
- Living Lutheran – "Empowered and Freed: How congregations can safeguard against religious abuse" (2021)

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## AWARDS & RECOGNITIONS

- Alumni Leadership Award – Adler Graduate School (2013)
- Outstanding Licensed Associate Marriage and Family Therapist – Minnesota Association of Marriage and Family Therapy (2010)
- "Outstanding Achievement" – Lavender Magazine (2009): *Disordered (thy name is teenager)*
- "Top 10 Plays of the Year" – Twin Cities Daily Planet (2011): *bloodymerryjammyparty*

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## MEDIA APPEARANCES

- *A Deeper Way* podcast (2021) – featured guest
- *Gospel Beautiful* podcast (2020) – featured guest
- KFAI Fresh Fruit radio show (2010; 2011) – featured guest
- Collegenille Institute for Ecumenical Research (2013) – short biographical film

### PROFESSIONAL MEMBERSHIPS

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- American Association of Marriage and Family Therapy – Clinical Member
- Minnesota Association of Marriage and Family Therapy – Clinical Member
- International Cultic Studies Association (ICSA) – Member

### COMMUNITY INVOLVEMENT

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- Minnesota Board of Marriage and Family Therapy (2022 – present)
- Park Square Theater Educational Advisory Board (2022 – present)
- “Safe Schools, Safe Students Conference” – Chair (2014)
- Pilgrim Lutheran Church (St. Paul, MN) – Member (2017 – present)
- Interfaith Child Advocacy Network – Board Member (2010 – 2014)
- Riverside Innovation Hub, Augsburg University – Committee Member (2018 – 2019)

### AGENCIES SERVED

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- North American Society of Adlerian Psychology (San Diego, CA)
- International Fragile X Conference (San Antonio, TX)
- North Dakota Juvenile Justice Conference (Bismarck, ND)
- Mayo Clinic Regional Arts Symposium (Rochester, MN)
- American Association of University Women (St. Paul, MN)
- Temple Israel (Minneapolis, MN)
- School Nurse Organization of Minnesota (Brooklyn Park, MN)
- The North American Council on Adoptable Children - National Conference (St. Paul, MN)
- Southwestern Minnesota Synod – ELCA (Redwood Falls, MN)
- Minnesota Association for Children’s Mental Health Conference (Duluth, MN)
- Artistry (Bloomington, MN)
- The Link (Minneapolis, MN)
- The Shakopee Mdewakanton Sioux Community (Prior Lake, MN)
- Adler Graduate School (Minneapolis, MN)
- Circles of Support/KOOTASCA Community Action (Grand Rapids, MN)
- Suicide Awareness Voices of Education (Minneapolis, MN)
- StageNorth Theater (Washburn, WI)
- History Theater (St. Paul, MN)
- Midwest Family Equality Conference (Minneapolis, MN)
- Youth Intervention Programs Association (Minneapolis, MN)
- Gaia Democratic School (Minneapolis, MN)
- Intermediate School District 287 (Richfield, MN)
- Children’s Home Society of Minnesota (St. Paul, MN)
- Minnesota Jewish Community Center (St. Paul, MN)
- Moms Demand Action – MN (St. Paul, MN)
- MNADOPT (St. Paul, MN)
- Ampersand Families (St. Paul, MN)
- Canopy Mental Health and Consulting (Richfield, MN)
- Headway Emotional Health Services (Hopkins, MN)
- Beth El Synagogue (St. Louis Park, MN)
- Jewish Family and Children’s Service of Minneapolis (Golden Valley, MN)