

ADAM ARNOLD, MA, LMFT, LADC

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LICENSES

- Licensed Marriage and Family Therapist •
- Licensed Alcohol and Drug Counselor •
- Board Approved Clinical Supervisor •

WORKSHOPS & TRAININGS

- *Just trying to feel something else: Chemical misuse in adolescents*
- *Closing the gap: Anxiety in children and adolescents*
- *When the future seems closed: The effects of trauma in children and adolescents*
- *Troubled Teen Industry*
- *Ethics for Marriage and Family Therapists*
- *What is Spiritual Abuse?*
- *Trauma-informed Parenting*

PUBLICATIONS

- *Fostering Families Today* – "Numbing the Pain: Drug and alcohol misuse among adolescents in foster care"
- *ICSA Today* – "Weaponizing Therapy"
- *Interfaithings Magazine* – "Better Than Therapy?"
- *MN Association of Marriage and Family Therapy* – "*13 Reasons Why*: A discussion among professionals"
- *Joint Religious Legislative Coalition* – *Bottom*, a play on child sex trafficking
- *One T Productions* – *Restorative Parenting*, educational film
- *blank slate theatre* – *Disordered: thy name is teenager*, educational film
- *blank slate theatre* – *Autistic License*, educational film
- *blank slate theatre* – *Analyzing the Bully*, educational film
- *Substack blog* – "Adam Arnold"
- *Living Lutheran* – "Empowered and Freed: How congregations can safeguard against religious abuse"

AWARDS & RECOGNITIONS

- *Alumni Leadership Award* – Adler Graduate School
- *Outstanding Licensed Associate Marriage and Family Therapist* – MN Assoc. of Marriage & Family Therapy
- "Outstanding Achievement" – *Lavender Magazine: Disordered (thy name is teenager)*
- "Top 10 Plays of the Year" – *Twin Cities Daily Planet: bloodymerryjammyparty*

MEDIA APPEARANCES

- *A Deeper Way* podcast – featured guest
- *Gospel Beautiful* podcast – featured guest
- *KFAI Fresh Fruit* radio show – featured guest
- *Collegeville Institute for Ecumenical Research* – short biographical film

PROFESSIONAL MEMBERSHIPS

- *American Association of Marriage and Family Therapy* – Clinical Member
- *Minnesota Association of Marriage and Family Therapy* – Clinical Member
- *International Cultic Studies Association (ICSA)* – Member

COMMUNITY INVOLVEMENT

- International Cultic Studies Association – Board Member (July 2025 – present)
- Minnesota Board of Marriage and Family Therapy – Clinical Member (2022 – present)
- Park Square Theater Educational Advisory Board (2022 – 2023)
- “Safe Schools, Safe Students Conference” – Chair
- Interfaith Child Advocacy Network – Board Member (2010 – 2014)
- Riverside Innovation Hub, Augsburg University – Committee Member (2018 – 2019)

COURSES TAUGHT

- Introduction to Psychology – Concordia University (St. Paul, MN)

AGENCIES SERVED

- International Cultic Studies Association Conference (Montreal, QC, Canada; San Diego, CA)
 - Nationwide Children’s Hospital (Columbus, OH)
 - North American Society of Adlerian Psychology (San Diego, CA)
 - International Fragile X Conference (San Antonio, TX)
 - Learning and Educational Solutions (New York, NY)
 - North Dakota Juvenile Justice Conference (Bismarck, ND)
 - Mayo Clinic Regional Arts Symposium (Rochester, MN)
 - American Association of University Women (St. Paul, MN)
 - School Nurse Organization of Minnesota (Brooklyn Park, MN)
 - The North American Council on Adoptable Children - National Conference (St. Paul, MN)
 - Southwestern Minnesota Synod – ELCA (Redwood Falls, MN)
 - Minnesota Association for Children’s Mental Health Conference (Duluth, MN)
 - Artistry (Bloomington, MN)
 - Nexus Family Healing Conference (Plymouth, MN)
 - The Link (Minneapolis, MN)
 - The Shakopee Mdewakanton Sioux Community (Prior Lake, MN)
 - Adler Graduate School (Minneapolis, MN)
 - Circles of Support/KOOTASCA Community Action (Grand Rapids, MN)
 - Suicide Awareness Voices of Education (Minneapolis, MN)
 - StageNorth Theater (Washburn, WI)
 - History Theater (St. Paul, MN)
 - Midwest Family Equality Conference (Minneapolis, MN)
 - Youth Intervention Programs Association (Minneapolis, MN)
 - Gaia Democratic School (Minneapolis, MN)
 - Intermediate School District 287 (Richfield, MN)
 - Children’s Home Society of Minnesota (St. Paul, MN)
 - Minnesota Jewish Community Center (St. Paul, MN)
 - Moms Demand Action – MN (St. Paul, MN)
 - Foster Adopt Minnesota (St. Paul, MN)
 - Ampersand Families (St. Paul, MN)
 - Phoenix Learning Xchange (St. Paul, MN)
 - Center for Advanced Studies in Child Welfare (St. Paul, MN)
 - Metro Psychology Support Services (St. Paul, MN)
 - The Lyceum Movement (St. Paul, MN)
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